

THEATER

'Fools' opens this evening at PAC

By Toni Baldwin
Missourian Reporter

Freshmen and transfer students are getting ready for their first performance of the year in the newly renovated Performing Arts Center.

'Fools,' a play by Neil Simon will begin promptly at 7:30 p.m. tonight, tomorrow, Saturday, and Sunday's performance will start at 2 p.m. in the Performing Arts Center. Cost is \$8 at the door.

This show is a long standing tradition of only Northwest freshmen and transfer students. "Fools" is a broad comedy with high audience interest. "There are many really big, broad and fun roles for people to really stretch themselves to experiment with many different techniques," said Dr. Joe Kreizinger, Director of Theatre at Northwest Missouri State University. Kreizinger has been at Northwest for eight years. He has directed about 75 shows in his 26 years of teaching theater.

"These two groups working together is important because it gives them a feel of a main stage in the first few months of school," Kreizinger

said.

Freshman student, Michael "Mick" Turpin plays teacher Leon Tolchinsky in the play. He comes to Kulyenchikov to break a curse of ignorance that has been cast upon the town. Turpin's favorite part of the play is during the wedding scene, because everyone is on stage together. He received a scholarship earlier this year in theater performance. So, he is required to audition for all the shows. This will be his 12th show he has performed in since beginning theater during his sophomore year in high school.

"I am so excited to perform this in front of a large audience. Of course the nerves are always there, but once you make your first entrance, you become the character and all is well," Turpin said.

The rehearsal stage of the performance is only a few weeks long. Students auditioned the first week of school. Groups of four read scripts, and a callback was given to 20 students competing for 10 roles.

Those students came back

See **FOOLS** on A5

PHILANTHROPY



photo courtesy of amy nally

VOLUNTEERS SPENT SATURDAY painting houses and doing yardwork for Maryville residents as part of Beautifying Residences Using Student Help.

BRUSH driven by students, community efforts

By Jennifer Herron
Missourian Reporter

Seven gallons of paint, countless scrapers, paint brushes and ladders weren't the only tools used Sept. 20 to give Maryville homes a facelift.

Two hundred student volunteers from Northwest rolled up their sleeves for the annual BRUSH project, a community service group. BRUSH stands for Beautifying Residences Using Student Help.

Volunteers started painting at 8 a.m. Despite the early hour, the painters didn't seem to mind getting up on a weekend.

"We're making a difference for someone who needs help, so we really don't mind it," said Daniel Winchester III, a member of Sigma Phi Epsilon.

This year's group grew from the 150 students who participated last year. BRUSH participants painted Hosfiel's house, cared for two yards and helped give the St. Gregory Catholic Church parsonage a facelift.

Other groups that participated included SISTA, Sigma Society, also English as a Second Language and international students.

One Maryville resident who benefited from BRUSH was Elva Hosfiel, she said the project was a dream come true for her.

"It was wonderful, I couldn't

believe all those volunteers could come and do as much as they did in such a short time," Hosfiel said.

Volunteers painted Hosfiel's house and did yard work; jobs that are impossible for her to undertake because she suffers from rheumatoid arthritis.

BRUSH is a collaboration with Maryville businesses and Northwest volunteers.

Amy Nally University Coordinator of Volunteer Program and Service Learning said BRUSH events get a lot of help with donations.

Northwest's Environmental Services loaned rakes and Maryville business like Jock's Nitch, Watkins and Store of Colors donated other supplies.

"The community is very supportive of the project," Nally said.

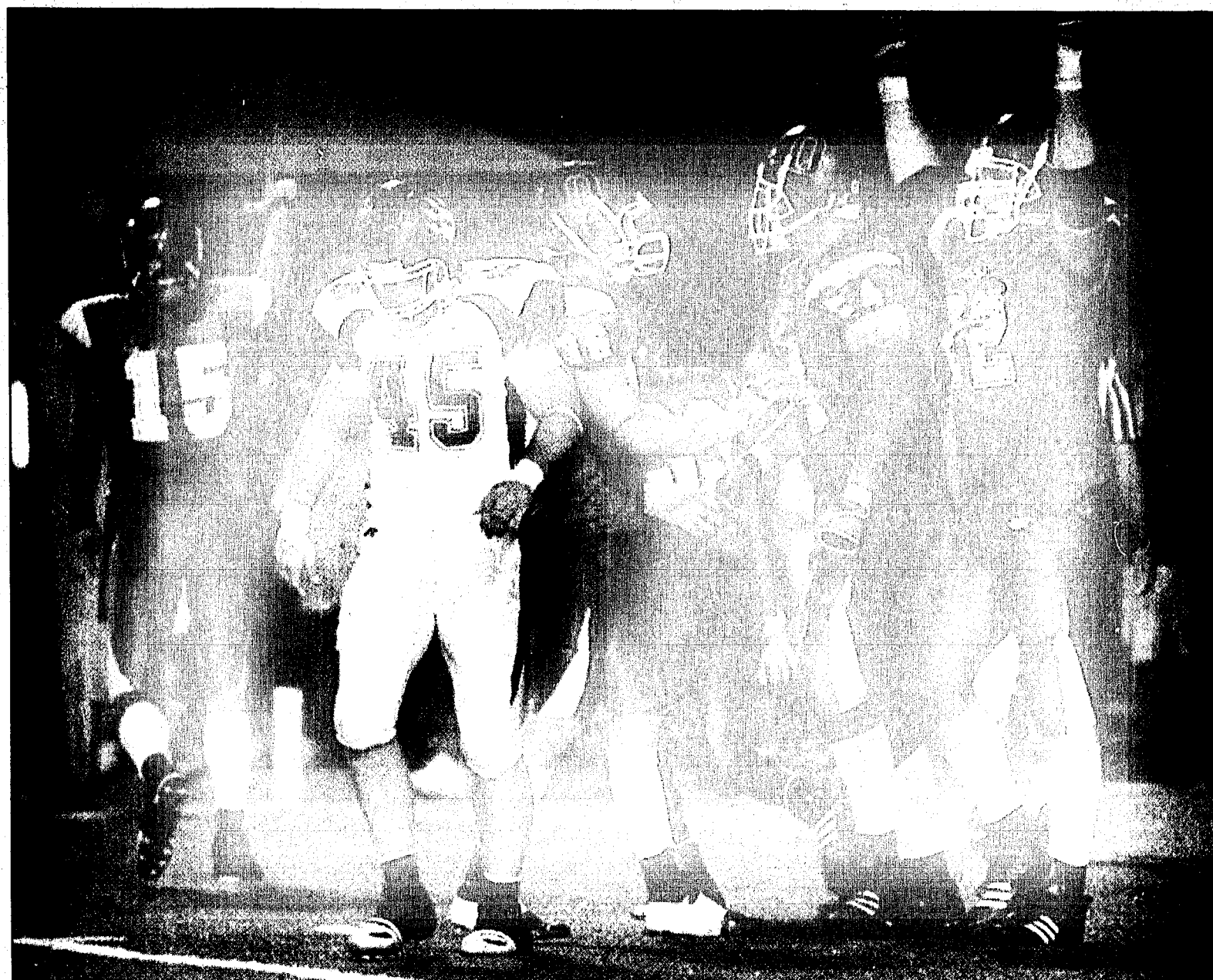
Maryville's Store of Colors and its supplier, Benjamin Moore Paints, donated paint for BRUSH. The store's co-owner, Mark Edecott, said they've donated to the cause for many years because it serves more than just one purpose.

"It's helping people with the need of improvement in the community and it's beautifying Maryville," Edecott said.



Check out NWmissourian.com for video on BRUSH

NW FOOTBALL



file photo

THE NORTHWEST BEARCATS lost to the University of Nebraska - Omaha last fall 21-14 at Al F. Coniglia Field.

[U]NO Bulls\$!*@

After last year's upset, Bearcats seek revenge against the Mavericks this weekend

By Marcus Meade
Sports Editor

Keys to the game

Zach Miller: The Nebraska-Omaha quarterback averages more than 10 yards per carry and has thrown for more than 500 yards. If the Bearcats want to win, they have to find a way to contain Miller.

Balanced offense: Last week, the Bearcats were as balanced as can be with 212 rushing yards and 356 passing yards. The 'Cats' experienced offensive line should help the team stay balanced.

Get up early: If the Bearcats get down early, things will get harder for them. If they can silence the crowd with an early Northwest lead, they have a good chance.

Nebraska-Omaha isn't Truman.

They're undefeated unlike Truman, they're nationally ranked unlike Truman and they were the only team to beat Northwest in the regular season last year — unlike Truman.

So, coach Mel Tjeerdsma isn't expecting a 49-0 blowout of the Mavericks.

"Last year, we just kind of ran out of gas," Tjeerdsma said. "I feel a lot better about where we are right now obviously than I did last year at that time."

Fatigue allowed Nebraska-Omaha to score 21 unanswered points and beat the 'Cats 21-14.

This season, the 'Cats enter their showdown with the Mavericks on the heels of their best game this season, Tjeerdsma said.

"I really was pleased, and I am pleased with our defense and what progress we've seen," Tjeerdsma said. "They've made good strides each week. That's the encouraging thing; they keep getting better."

Tjeerdsma's bunch dismantled the Truman offense, allowing only six yards on 18 plays in the second half. On offense, Northwest piled up 212 rushing yards and 356 passing yards.

The rushing yards were split among six different rushers in part because of mass substitutions in the third quarter. Running back Clint Moore led the 'Cats

in rushing with 79 yards on 13 carries. Quarterback Joel Osborn remained the team's passing leader with 285 yards and three touchdowns.

Nebraska-Omaha had a successful week last week also, defeating Missouri Southern 40-21 behind the play of quarterback Zach Miller who rushed for 195 yards and threw for 143 yards. Miller ended the game with five touchdowns, three rushing, two passing.

"He's a load," Tjeerdsma said. "He's just a very good football player and a very smart football player."

On defense, the Mavericks have allowed at least 20 points in games against Nebraska-Kearney, Emporia and Missouri Southern. Tjeerdsma thinks the 'Cats must remain balanced on offense and establish the running game to score points on the Mavericks.

However they do it, a win is more vital this year than ever for the 'Cats. Losing to the Mavericks could mean forfeiting a chance at the conference title.

Because Nebraska-Omaha entered the MIAA, the game will take place in Omaha for the second straight year. For some players, like cornerback Chris LeFlore, it's more of a homecoming than a road game.

"When we played last year, there were so many family members and so many friends at the game," LeFlore said. "So, you get to hear for a whole year about how they beat you. So, Omaha being my home town, I definitely want to go up there and get a win."

LeFlore and his teammates get their shot at the Mavericks at 1:30 p.m. Saturday in Omaha.

COMMUNITY NEWS

New businesses pop up around town

By Shane Sherwood
Senior Reporter

About 750,000 new small businesses open in the United States each year. Some of those businesses are opening in Maryville.

It is not uncommon or new for people to open a new small business, Small Business Development Director Frank Leeman said.

Four new businesses have opened in Maryville recently. These businesses are the Candy Bouquet Coffee Shop, Hibbett Sports, Northwest Pawn Shop and Two Dollar Bills Variety Store.

The owners of the local Candy Bouquet CC Gallagher and Joyce Stiens added a coffee shop to their store. The coffee shop opened today.

The ribbon cutting ceremony

will be at 10:30 a.m. with all of our Chamber of Commerce peers. The grand opening will continue on Friday and Saturday as well, Gallagher said.

Ever since Gallagher and Stiens became business partners, they wanted to open a coffee shop.

"We started real research on opening up a coffee shop last October," Gallagher said. "It has taken a good nine months to make everything happen."

The store can also be used for meetings for community organizations.

"We have been asked about using our shop as a meeting room ever since it has started to form," Gallagher said. "We have had an excellent response rate now that we're this close."

The coffee shop will be similar to

a Starbucks, Gallagher said.

"Joyce and I both love coffee and specialty drinks, so we want the atmosphere to be that of a real coffee shop," Gallagher said.

On top of the coffee shop, a new sports shop opened in Maryville earlier this month.

Hibbett Sports on South Main Street is a seasonal sports shop that sells sports equipment. The building was rebuilt and remodeled for its Sept. 13 opening.

The owners decided Maryville needed a sports shop that could handle their needs, store manager Justin Knox said.

"The owners realized that Maryville was a great community as pertaining to sports," Knox said. "The owners wanted to make it

See **SMALL BUSINESSES** on A5



photo by Crumet Peterson | missourian photographer

MANAGER JUSTIN KNOX helps customers LaWanda Tobin and her son Wyatt try on some new Nike's at Hibbett Sports in Maryville.

DEPARTMENT OF ART

Saving lives, one piece of pottery at a time

By Kiley Swopes
Missourian Reporter

Northwest potters are using their talent to help save lives.

Initiated by Richard Wukich, a ceramic professor at Slippery Rock University in Pennsylvania, in 2006 the Potters for Peace (PFP) is on tour to raise awareness about the organization's effort to provide clean drinking water in developing countries.

The PFP exhibit is displayed in the Olive DeLuca Fine Arts Building from Sept. 8 to Oct. 3.

Art major, Kwok-Pong Tso, has taken the time to learn how to make a water filter and is making a water container like the display in the exhibit. A water container has each artist's personal touch and holds clean water after it has been filtered.

"Every day 5,000 children die due to unsanitary water," Tso said. "I know I can give them clean water by making the filters and that's why I have decided to make pottery."

Potters for Peace is a U.S. based not-for-profit organization founded in 1986. It makes highly effective and inexpensive ceramic filters for third world countries. Junior Wanda Wolmar said members of the PFP such as teachers, students and potters travel to the countries and look for natural materials to use for the filters. These filters are made from local clays, sawdust and colloidal silver, which is the main ingredient for killing bacteria. These filters kill 99 percent of water born diseases, Wolmar said.

The members also teach potters in the third world countries how to make the pottery. Not only does the PFP help with purifying drinking water, but it also helps generate jobs for the people in these countries.

Students have the opportunity to learn from Wukich in an artist workshop located in the ceramics studio starting that began Sept. 8.

"Art students were invited to make their own filters for the gallery display," Wolmar said. "It's a great opportunity for the students and hopefully many might actually continue their interest in Potters for Peace."

Assistant Professor of Art, Laura Kukkee, made it possible for the PFP exhibit to show at Northwest during its 2008-2009 tour.

"Water is the basic need, we all have, and if there is no clean water, then lives are in danger," Kukkee said.

TEST DRIVE

THE ANNUAL DRIVE Safe, Drive Smart barbecue featured a drunk driving simulator for students to try. Kar Donovan takes her turn behind the wheel Tuesday near the J.W. Jones Student Union.



photo by ashley golding | photography advice

NWAAA

Campus goes to the dogs to promote proper animal care

By Shane Sherwood
Senior Reporter

Some Northwest students gathered around as they took a quiz to see what dog is perfect for them.

This quiz was one of the many activities that happened at Dog Days Tuesday. The event continues with an animal service day today at noon to 2 p.m. at the Bell Tower.

Northwest Advocates for Animal Awareness (NWAAA) co-sponsor Kristina Martinez started the event as a way for students to educate themselves on animal issues and advocating issues they feel passionate about.

"We tend to concentrate on dogs, but we support awareness for any animal," Martinez said.

NWAAA supports the animal shelter and people in the community who need help taking care of their pets, Martinez said.

The organization started in January 2007. Martinez started the group with Spanish instructor and husband Francisco (Paco) Martinez.

"I felt there was a gap with people getting involved with animals and finding other ways than the shelter to help animals," Martinez said. "We really want to focus on other areas than the animal shelter because we want to prevent animals ending up in the animal shelter."

NWAAA tries to prevent animal owners from putting their animals in shelters, Martinez said.

"If we just had responsible pet owners, then we would not have an overflow of pets in animal shelters," Martinez said.

The event is an opportunity for faculty and staff to bring dogs to meet with freshmen who might be missing their pets from home, Paco said.

"Dog Days is kind of like having a surrogate pet for freshmen," Paco said.

The event helps faculty and staff who have busy schedules have someone who enjoy walking their dog. It's a good way to earn a little money as well, Paco said.

It is also a way for students to relieve

some stress by playing with the dogs, Paco said.

Students want a companion, and Dog Days teaches them how to properly care for a dog, Maryville animal care Smitten Pet Sitten trainer Amy Mathias said.

The quiz helped people find the right companion that fits their personality, Mathias said.

A service day will take place from noon to 2 p.m. at the Bell Tower for pet owners who want to get vaccinations for their dogs, Martinez said.

Veterinarians from the Nodaway Veterinary Clinic will attend. Representatives from the Nodaway Humane Society will also be at the event.

Rabies shots will be available for \$8, and NWAAA will provide free microchips to the first 20 dogs with city tags whose owners present proof of current rabies shots. Other pet services available will include purchase of parvovirus and distemper shots, which are necessary shots for dogs, and city tags for \$1.50 to \$3.

A microchip is used as an identification source if a dog runs away from home, Mathias said.

Microchips are important if an owner has a dog that has a tendency of running away from home," she said.



photo by ashley golding | photography advice

CAMPUS SAFETY OFFICER Kristina Martinez finds and takes in many dogs for the Nodaway County Humane Society until they get better. Martinez takes the dogs to obedience classes, so whenever the dogs are adopted they are trained.

Campus Safety now has a scanner that can help find the owners of stray pets who find their way onto campus, Martinez said. Most scanners are capable of picking up most chips.

Dog Days is also a chance for students to make new friends, Martinez said.

"This event is a way to spark up a friendship with someone," Martinez said. "I feel it's easier to talk to someone when we have a commonality with that person, and in this situation we have a connection through dogs."

COMMUNITY

COMMUNITY BRIEFS

Business Expo set for Saturday

The Women's Ministries of Community of Faith Church is hosting a Women's Home Business Expo on from 9 a.m. to 2 p.m. Saturday in the church fellowship hall. Admission is free and open to the public. Booths are still available and will be open for assorted women's businesses. For more information contact Nancy at 541-0104.

Deadline approaches for payment program

The 2008 Direct and Counter-Cyclical Payment Program (DCP) deadline is Tuesday. Producers may sign up by filling out their DCP contract at any USDA Farm Service Agency County Office.

To be eligible for DCP payments, owners, operators, landlords, tenants or sharecroppers must share in the risk of producing a crop on base acres on a farm-enrolled in DCP. They must also annually report the use of the farm's cropland and comply with conservation and wetland protection requirements on all of their land and use the base acres for agricultural or related activities.

PROFILE

Local man's bakery runs on sweets and smiles

By Dominic Genetti
Project Manager

Scurrying through the kitchen, he puts a tray full of fresh cinnamon twist doughnuts in a glass display case.

People will be arriving soon, and he wants to be ready.

It's a little after 6 a.m. and Ali Elzen still has to bake several loaves of sourdough bread, brew coffee and sweep the floor.

Elzen owns Ali's Bakery in Maryville. He moved to his East Sixth Street location behind the Happy Garden Chinese restaurant from Burlington Junction last year.

"Bakery is a very unique profession," Elzen said. "(It's) a science, but

also is an art because people eat by their eyes."

A jolly 58-year-old dressed in a white chef's jacket and thin baggy sky-blue pants, Elzen lifts a large metal cookie sheet loaded with circular loaves of sourdough bread the size of soccer balls into the oven.

He came to the United States from Egypt. The main purpose was education, and after attending Wichita State University, the University of Kansas and Northwest, he earned degrees in education, agriculture and bakery science and management.

But after spending time in Maryville, Elzen became acquainted with many.

"I like the people here," he said

with a big smile. "I like the community, people have known me for a long time."

The timer beeps. Time to rotate the bread.

Opening the cabinet-like doors of the conventional oven, he immediately steps back as a cloud of steam charges at him. He tightens the muscles in his face and curls his lips over his teeth causing him to bite on his silver mustache.

Turning the trays around, Elzen mists each loaf with water from a spray bottle so the crust comes out just right, a perfect golden-brown.

The goal, make everything from scratch, just like his mother did.

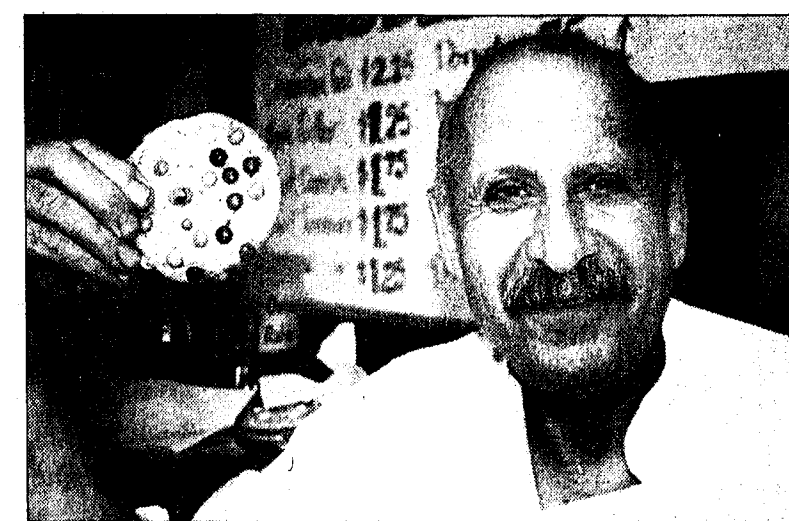


photo by dominic genetti | project manager

See BAKER on A5 ALI ELZEN HAS three academic degrees from three different universities, including one from Northwest.

ELECTION 2008

Sheriff cites importance of experience

By Chris Lee
Community News Editor

Nodaway County Sheriff Ben Espey stresses the importance of experience when it comes to the question of re-election in the upcoming election.

Espey grew up and went to school in Maryville. He farmed in the area until 1985. In January 1985, he became a deputy for the Sheriff's department. January 1993, he took over as sheriff.

"I have been through four elections, with this one being the fifth," Espey said.

In the 16 years Espey has been sheriff, Nodaway County has had nine murders.

"In those nine murders, every single person has been arrested, charged and put in jail within a 24-hour time period," Espey said.

There are 27 people in the department, and nine of those are road deputies. Of the road deputies, the majority of them

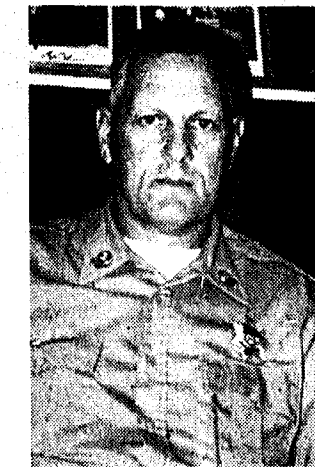
have 20 or more years experience in law enforcement, Espey said.

"The experience in this department speaks well for us," he said.

Espey was recognized along with other officers from seven different agencies for solving the murder of Bobbi Jo Stinnett. Espey used federal, state, county and city agencies to solve the case. He was awarded officer of the year along with the other officers.

"That shows that I have the ability to work with other agencies to get things done," Espey said. "I'm proud of everyone that works here." "I don't like talking about myself. I'd rather talk about the department and what the department does and what they provide for the citizens of the county."

Espey has been married for 34 years. He has two children and three grandchildren. All of his family is in the county.



Sheriff Ben Espey

"They back me 100 percent," Espey said.

Espey is excited for the election and hopes to continue serving the county.

"I do the best I can. I give 100 percent," Espey said. "My job is to work for the people of the county. I enjoy my job and enjoy waking up for work every day."

SIFE

Student organization works with Habitat, one of 18 community projects this year

By Chris Lee
Community News Editor

The smell of newly applied paint and primer filled the house as students hustled around helping each other put up trim around doorways and closets.

Members of Students in Free Enterprise (SIFE) began working on a Habitat for Humanity house the last week in August.

"We've been discussing doing something like this for a while," Cliff Wilson, SIFE president, said. "This is the first time we have done anything like this."

SIFE, an organization led by students with a goal of helping the community, has 18 different projects on their list for the year. A food drive for Thanksgiving and a toy drive for Christmas are just a few.

"This is a great opportunity," Wilson said. "As students, we can help people in need."

The Habitat for Humanity house, located at the corner of South Vine and East Cooper streets will be occupied by a family with two small children once the construction is complete.

SIFE members John Cook and Tiffany Rose worked together to hang trim around the closets located in the three different bedrooms.

"I heard about SIFE from my adviser and decided to get involved," Cook said. "It is good for my major. I met Cliff and here I am."

The students work on Monday, Tuesday and Thursday nights.

"It depends a lot on free time," Wilson said. "We all have classes and other organizations that we need to attend to as well. We participate in different competitions throughout the year and having a Habitat for Humanity house on our resume helps us out."

There are currently about 11 members in SIFE.

"We get a lot of things done, even though we have a small group," Wilson said. "Anyone is welcome to join us. It doesn't matter what your major is."

Sean Paddock, defensive lineman for the Northwest football team and member of SIFE was helping work on the house.

"Do you have something for us to do?" Paddock said.

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A MESSAGE FROM THE EXPERTS IN WELLNESS...

In an effort to promote greater wellness to the Northwest Campus, the Northwest Wellness Center is offering meditation sessions. Meditation is a group of techniques which involves a quiet location, comfortable posture, focus of attention and an open attitude. These techniques help develop a greater calmness to one's life. This calmness allows one to have an increase gratitude for the present moment. People have used meditation for various health problems such as insomnia, fibromyalgia, pain, cancer, heart disease, anxiety, depression, stress, and self-esteem issues.

The meditation sessions are open to students, faculty and staff. There will be 8 sessions with the first one starting September 15 and ending November 3. To make it more convenient for people on their lunch hour the sessions will start at 12:10 and conclude at 12:50pm. So if your life seems to be moving so fast and you aren't sure what, or you are just a wee bit curious about this whole meditation thing come check us out!! No experience is necessary and you don't have to attend all sessions. We can teach you the basics in a short time. The daily practice is up to you. The rewards could be great!!

So bring an open mind, comfy clothes, and a mat or blanket and come to meeting Room A at the Student Union on Mondays from 12:10 to 12:50!

For more information contact Judy or Rhonda at 562-1348.

JUDY FRUEH WHNP, BC
UNIVERSITY WELLNESS CENTER
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STANDING UP FOR YOURSELF IS STRONG. STANDING UP FOR THOSE AROUND YOU IS ARMY STRONG.

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OUR VIEW

Use national fiasco to revisit personal financial goals

Take a cue from national news and prepare for the worst. The Iraq war don't go to a party, get completely trashed and then realize you don't have a way to get home. Hurricane Katrina: you'll be glad you played it safe when your house is under 12 feet of water. Economic crisis: deal with problems before they reach epic proportions.

We at the Missourian hope you will take this opportunity to improve your own financial plan, so hopefully you will never have to resort to government bailouts (i.e. Mom and Dad).

The first thing you can do is keep track of your money. Starting today, write down what you spend, what you make and what was necessary and what was not. Food is necessary, but McDonald's is not. Liquid refreshment is necessary. Beer is not.

Credit cards should be reserved for emergencies. An emergency could be getting stranded in a small town with a flat tire. Just remember that debit is money you have, while credit you have to pay back. When you're in college, your finances are unstable. Who knows if you are going to have money a couple weeks from now?

You can also consult outside sources. "Forbes" magazine advises spending less in general, especially in college.

You could get a job to cover your extra expenses, but that's going to mean less time for studying, which is your main goal while you're here, after all. Less time for studying is manageable, but look at it this way, failing a class and having to retake it is more expensive than those little necessities.

The magazine also warns against "stupid tax." Everyone has experienced stupid tax: parking tickets, late fees – any monetary penalty resulting from doing something you weren't supposed to do.

As you read this, the U.S. government is planning to spend \$700 billion bailing out several giant Wall Street companies. Can anybody even conceive of \$700 billion?

According to Crunchweb.com, if you took 315 billion \$1 bills, the stack would wrap around the moon three times. Let's see, 700 divided by 315 is 2.2 repeated, or just two for the sake of argument – a stack tall enough to wrap around the moon six times.

So take a lesson from United States, or at least Ben Franklin. A penny saved is a penny earned. Or 70 trillion pennies.

LETTER TO THE EDITOR

I've spent my entire adult life as a northwest Missouri farmer. I've supported my school, my county, my state and the United States of America with my tax money since I was 18 years old. In that time I've done what I could for my community by taking part in local government, but mostly what I've done for the last 40 years is work for a living.

Like everyone knows by the time they reach his or her sixth decade of life, making a living is sometimes easier said than done. But my family has been lucky. We've stayed with the farm through good times and bad. And we have seen some bad times, but never anything as bad as what we have brewing in our nation today.

Anyone who thinks Missouri will be insulated from financial pain should think again. For the last four years the Missouri General Assembly has played politics. It's been pretty hard to find much in the way of bi-partisan action. This year was the worst of the worst when majority representatives chose to raise their pay and eliminate campaign contribution limits in the same session.

Now the financial bailout of private business by the federal government threatens a lot of the federal aid our state and local governments rely on. The coming years will require a level of leadership that has been lacking in Jefferson City for four years.

We have state blacktops that are crumbling. We have bridges right here in the 4th district with concrete so rotten the reinforcing steel shows through. They've been that way for quite a while. There are schools that can't afford to pay teachers a salary equal to their level of education, or even to heat their buildings as we head into winter with record high fuel prices. Our county governments are facing the same situation.

Even the cost to small towns of keeping the streetlights burning and controlling stray pets has risen to the point that they pose tough choices.

There is much we need, but one thing we don't need is a bunch of senators and representatives who think of their paychecks and their campaign accounts ahead of doing their jobs.

It's time for a change.

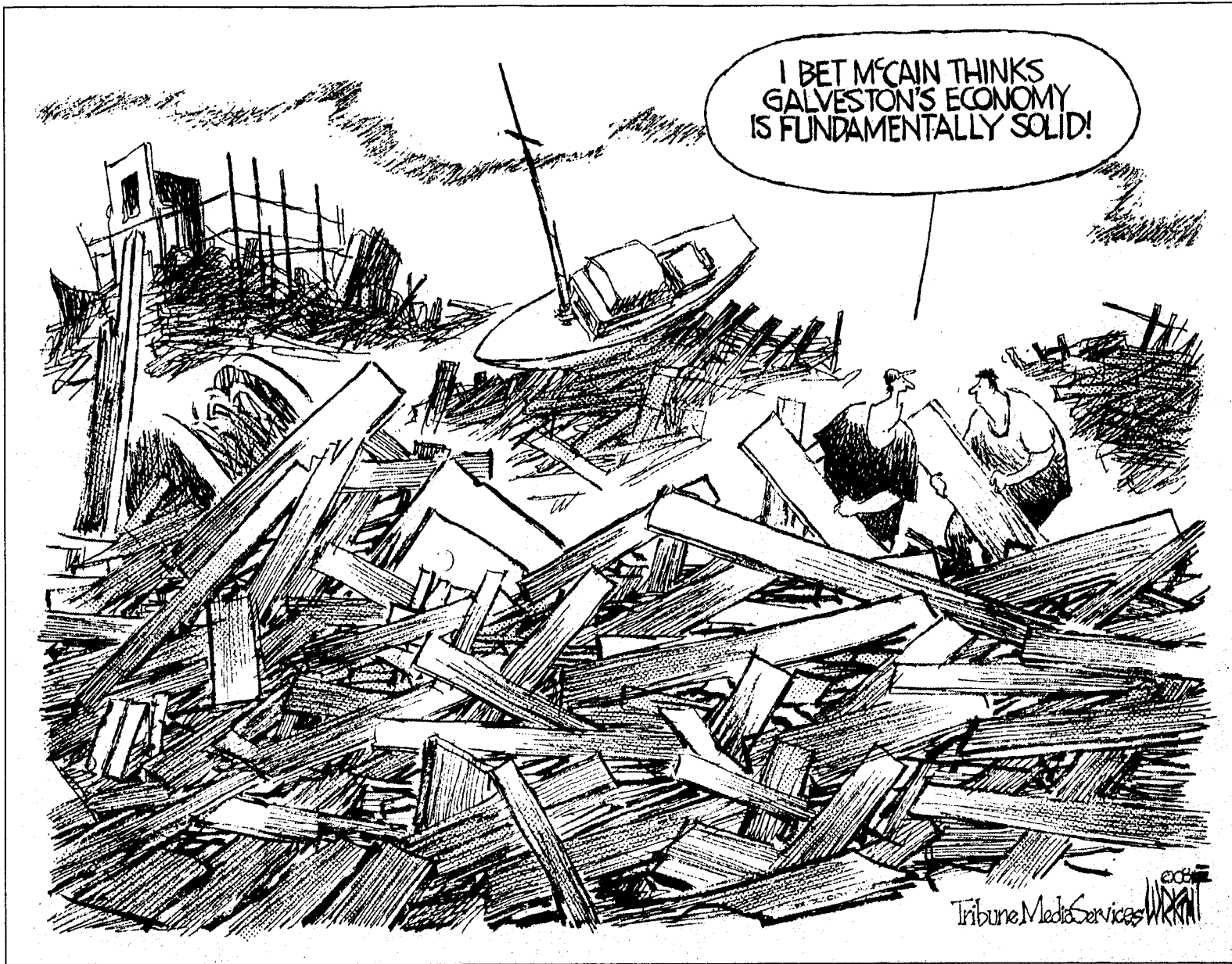
Rick Oswald
Langdon, Mo.

CORRECTION

In the Sept. 18 Missourian, the article "Disaster response focus for new minor" incorrectly named the Department of Mass Communication as part of the CCR Minor. The Department of Communication is the department represented in the CCR Minor.

NWMISSOURIAN
Student Publications
800 University Drive, Wells Hall
Maryville, MO 64468
Newsroom: 660-562-1224
Advertising: 660-562-1635
Circulation: 660-562-1528
Missourian Online: 660-562-1224
Fax: 660-562-1521
www.nwmissourianews.com
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OPINION



MY VIEW

Major this, minor that: expand horizons while in college

You've known what you've wanted to do since the beginning of time, haven't you?

There's nothing wrong with that, but maybe you should check out something else while you're here at the vast wondrous world of college – you might find something a little more exciting. You might find something new.

Now don't get me wrong – I've wanted to be a journalist since junior high, and nothing will take that away from me. The only difference between you and me is I'm still keeping my options open. I love history, so I'm thinking about taking a few classes involving the Renaissance Age. I also enjoy poetry and literature, so I might even double-major in English. Who knows? What I do know is that I'm not going to tie myself completely down to journalism, and neither

should you with your major. The majority of us are between the ages of 18 and 20 ... not even old enough to drink yet. We're expected to know what we want to do for the rest of our lives right now? I don't think so! I barely know what I'm going to wear the next day, and I need to know what I'm going to be doing the next 30 to 40 years? Keep your eyes – and options – open this year.

Check out presentations that look interesting, but not your usual lecture – you might find something that clicks. Of course, you're probably freaking out now. Changing your whole outlook on your future is terrifying. Just know it isn't as scary as you're making it out to be. All you need to do is figure out what it is that makes you happy. Decipher what it is you want to do by keeping your eyes open over the next year or so ... you might find a

whole new path for your future. If you still want to be whatever it is you want to be after reading this, that's totally normal, and completely OK. If you're on the right road already, I congratulate you – you have my respect. I just encourage everyone to try something new their first year or two because you never know – you might find you have a talent in something totally different from what you wanted to do in the first place. Maybe you'll get luckier and find a new talent could be used as a minor!

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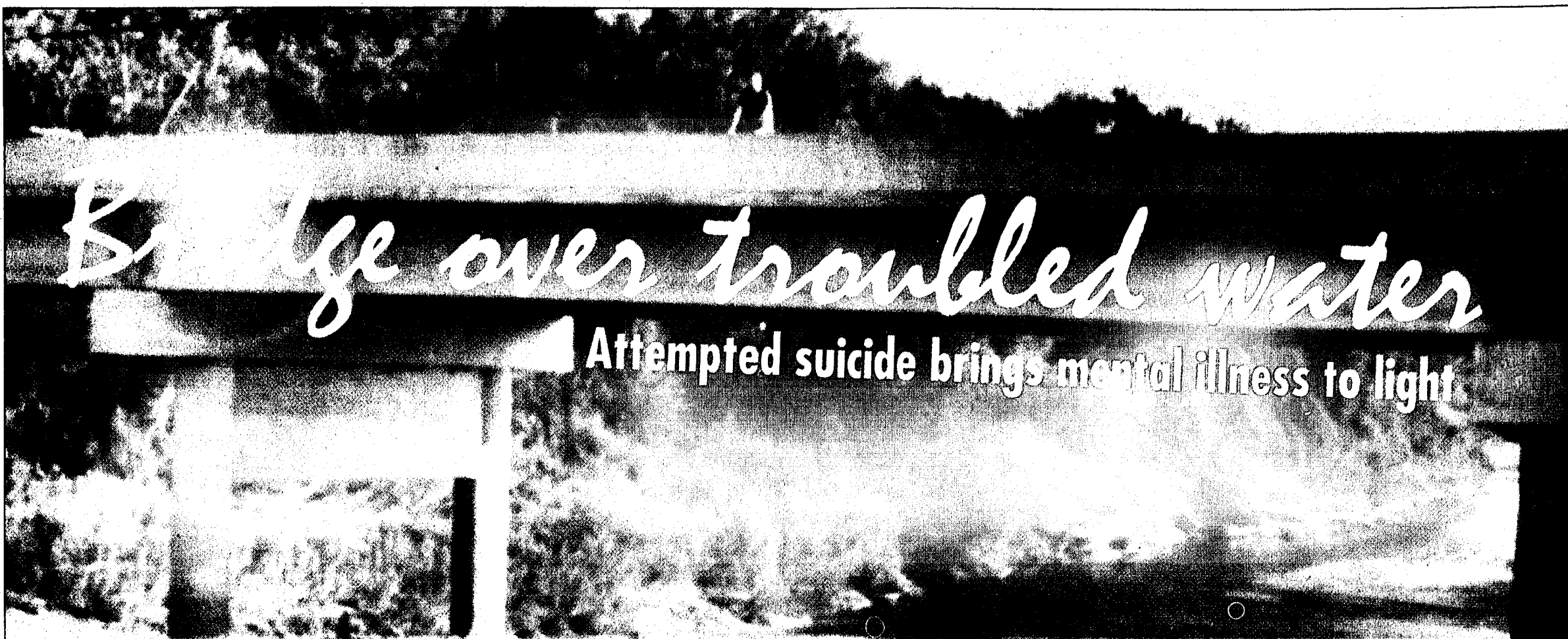
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Bridge over troubled water

Attempted suicide brings mental illness to light

By Brian Johnson
Entertainment Reporter

The Golden Gate Bridge is a spectacular sight. Formed in 1937, the bridge has the second longest main span in the United States. It provides tourism, a commute for San Francisco residents and is one of the more popular sites in California.

For John Kevin Hines however, it was a bridge that he wanted to lead to his death.

On Sept. 25, 2000, Hines attempted suicide by jumping off the bridge into the waters of the San Francisco Bay, some 245 feet below. Today, he gives lectures all over America on mental illness and suicide prevention.

Hines was one of only 29 people to survive the jump in the history of the Golden Gate Bridge. He miraculously only sustained injuries to his ankles and his back.

"By all accounts I should be dead," Hines said. "The way I landed, it should've killed me."

Hines was raised in San Francisco by adoptive



John Hines

parents. His biological parents, he said, were drug users and even used drugs when he was in the womb. He said he had a privileged life and a very loving adoptive family.

"I really didn't have anything too wrong in my life," Hines said. "However, when I was 16, I developed bipolar disorder through a chemical imbalance."

The chemical imbalance in Hines' brain that caused his mental illness sent him into a downward spiral. He experienced not only bipolar disorder but paranoia, depression, epilepsy and psychotic features. Medication and routines kept Hines in balance. However, leading up to his suicide attempt, Hines claimed he had abandoned his philosophy of healthy routines and it led to suicidal thoughts.

"I had not been taking my medication and not getting into a healthy routine," Hines said. "That day, I just felt like I needed to die."

After his suicide attempt, Hines began a long

road to recovery not only mentally but physically. Before he could deal with his mental issues, he had to endure physical therapy to repair his body from the jump. From there, he spent the next three years in and out of mental facilities.

"Mental illness is just like any other health issue," Hines says. "It's like a broken arm or cancer. It's not going to just go away by itself. You have to treat it."

According to Suicide.org, suicide is the second leading cause of death for students in college. The most common cause of suicide in these students is untreated depression. Furthermore, a study conducted by the American College Health Association surveyed over 90,000 students in 2006. The study found that 45 percent of these students felt they had experienced depression so severe that they were unable to function.

Beau Dooley, Assistant Health Services Director at the Northwest Wellness Center, encourages anyone feeling like they have a problem to come talk to one of the counselors provided.

"Our biggest goal is we want to encourage people to find help if they need it," Dooley said. "Even if they think they might not have a problem, they should still be willing to come talk."

Hines has since become a spokesperson for the National Mental Health Campaign, as well as other mental health groups. He has been the focus of many television programs including "Larry King Live," "Anderson Cooper 360" and was featured in a 2006 documentary called "The Bridge" about people who have committed suicide and attempted to commit suicide at the Golden Gate Bridge.

"I've learned that it's not ok to not get help," Hines said. "If I can help one student in that crowd when I'm speaking, that makes it all worth it."

Healthy routines are the key to success in dealing with mental illness, Hines said. He puts great emphasis on a number of healthy routines including a healthy diet, plenty of sleep, talk therapy, medication, exercise and reading and studying his disorder.

Hines planned on coming to Northwest to give his lecture, but an emergency health issue kept him from speaking on Monday. In his place, Colleen Coffey, who also has struggled with her own mental health issues, spoke to a full house at Charles Johnson Theater. Her message was the same as Hines'.

"Mental health issues are real for everyone," Coffey said. "Just remember you have great strength in just being willing to talk about these issues."

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NW VOLLEYBALL

Big win ends home stand, ranked Pitt State lies ahead



photo by Jeff Cook / Chad photographer
MIDDLE HITTER AMBER Ryan spikes the ball into Missouri Southern territory Tuesday.

By Brian Bosiljevac
University Sports Editor

The Northwest volleyball team wrapped up its three-match home stand with a sweep of Missouri Southern on Tuesday.

"We were finally ready, really ready to go from the first serve," coach Anna Tool said. "I think it really showed. They were just strong in demeanor during warm-ups. They had a strong presence, and the players were just revved up. They wanted to have a chance to win."

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After dropping the first two sets, the 'Cats rallied to get a win in the third set forcing what ended up being the final fourth set.

See VOLLEYBALL on B2

BRINGING HEAT



Young pitcher remains perfect through 1-3 games

By Dustin Sande
Assistant Sports Editor

For a pitcher, even a season in the minors is a long time to be perfect.

On the season, the 20-year-old pitcher has an absolutely perfect record with three outs, and only 11 hits and three runs allowed. 23 base hits and only three runs were for extra bases in the season. Walker also tallied seven strikeouts and one walk in the school record book.

Even though he's a freshman, he's not a freshman pitcher. Walker has pitched in the minors for two seasons. Before coming to Northwest, he pitched for two seasons in the minors for the Los Angeles Angels.

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After last season, the 'Hounds lost their team leader in Jordan Cadwall and Walker stepped up to lead the team for two years. It doesn't

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MHS FOOTBALL

Win over Smithville takes toll on injury stricken Spoofhounds

By Christopher Woodland
Community Sports Editor

An injury-ravaged Maryville lineup hopes to get some rest this week against Cameron (0-4), as they can come back healthy against Chillicothe next week.

The Spoofhounds defeated Smithville 42-14 Friday night but paid a price for their success.

Senior running back John Farmer left the game in the second quarter Friday and did not return.

The injury occurred when Farmer planted his leg, and a Smithville defender hit him, bending his leg awkwardly, he said.

Doctors diagnosed Farmer with a bruised knee, and he has healed faster than expected. His playing status for Friday's game has been upgraded to probable, junior nose tackle Jason Davis returned for his first action since the first game of the year, only to leave the game early as well.

"It wasn't my knee," Davis said. "The knee felt good. It was my hamstring. I just need to work on stretching it this week, and it'll be fine."

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Offensively, Farmer's injury means a heavier work load for senior running back Adam Mattson, and senior quarterback Joe Jasinski.

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Maryville plays at 7 p.m. Friday in Cameron.

NW TENNIS

Men's tennis team gets home court advantage at ITA tourney

By Brian Bosiljevac
University Sports Editor

This weekend spectators get a little preview into spring as the Northwest men's tennis team hosts the Intercollegiate Tennis Association tournament.

Coming out of the tournament as singles champion or doubles champion means an automatic berth into the national tournament.

"It would be a big deal for me to go to nationals," sophomore Vigit Sehgal said. "I mean, it is a one time opportunity you get every year. So, it would definitely be pretty sweet to go to nationals."

Sehgal's doubles partner, Felipe Gennari, has a similar attitude, he realizes the competition will be tough, but hopes to seize the opportunity and reach nationals.

"It is an extremely difficult tournament," coach Mark Rosewell said. "There are so many good teams here, and we want to do as well as we can. Two years ago Jake (Saulsbury) and Chris Smith won this tournament in doubles, but I don't know, we'll just have to see how it goes."

"I think we are going to have a couple players seeded. I think Daniel Usieto will probably get a seed in singles and Vigit (Sehgal) may get a seed too because he made it to the quarterfinals last year."

The competition will be much tougher than it has been in past years, due to the combining of two regions at the ITA tournament this year, Rosewell said. This year's tournament will consist of four MIAA schools along with individuals from five different schools in the Heartland Conference.

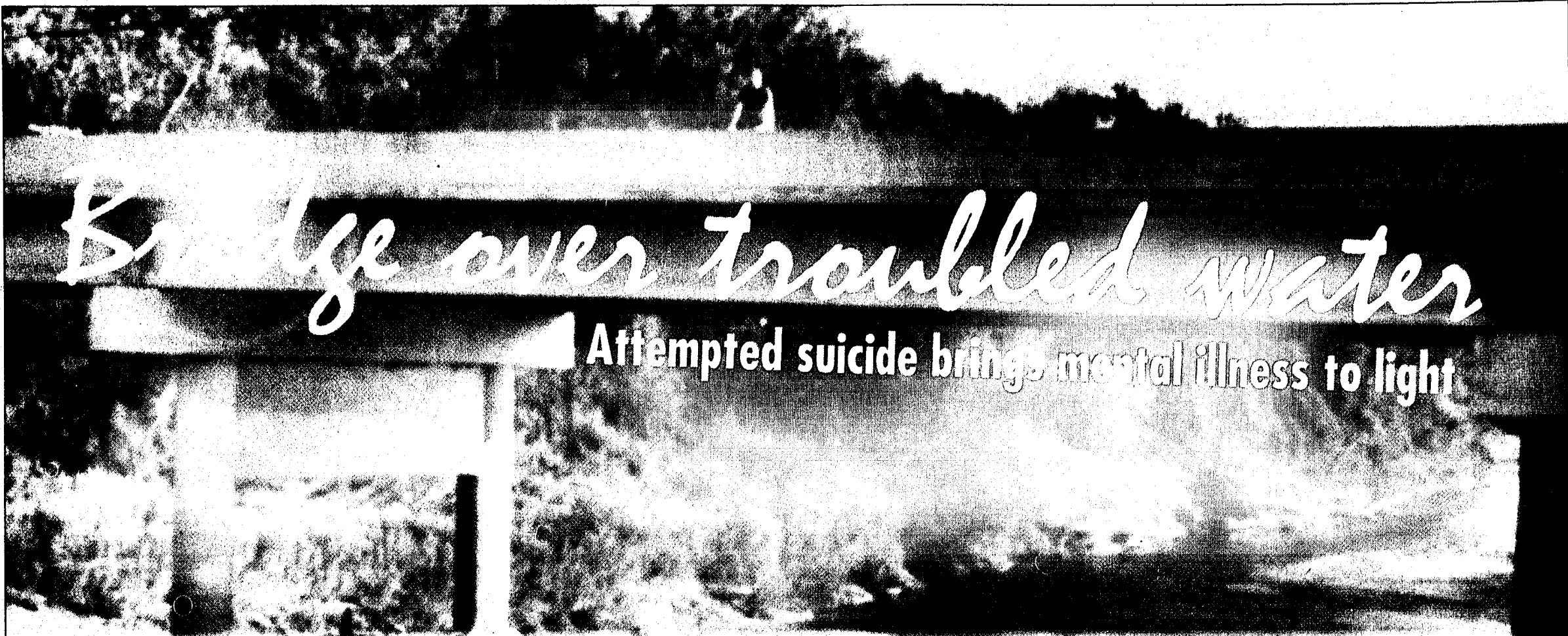
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"I know there are going to be a lot of really good players," Gennari said. "So, I just expect to play my best, and that is all I can really do. I don't really know any of the other players, I just know they're good. I just need to do my best. Hopefully I can get a good draw and have an easy first round. That always helps."

The ITA tournament begins at 8 a.m. tomorrow, Sept. 26, on the Frank Grube Courts, at Northwest.



photo by Matt Mendenhall / Sports Editor
CORNERBACK ZEKE WINANS brings down a Smithville receiver Friday.



By Brian Johnson
Entertainment Reporter

The Golden Gate Bridge is a spectacular sight. Formed in 1937, the bridge has the second longest main span in the United States. It provides tourism, a commute for San Francisco residents and is one of the more popular sites in California.

For John Kevin Hines however, it was a bridge that he wanted to lead to his death.

On Sept. 25, 2008, Hines attempted suicide by jumping off the bridge into the waters of the San Francisco Bay, some 245 feet below. Today, he gives lectures all over America on mental illness and suicide prevention.

Hines was one of only 29 people to survive the jump in the history of the Golden Gate Bridge. He miraculously only sustained injuries to his ankles and his back.

"By all accounts I should be dead," Hines said. "The way I landed, it should've killed me."

Hines was raised in San Francisco by adoptive



John Hines

parents. His biological parents, he said, were drug users and even used drugs when he was in the womb. He said he had a privileged life and a very loving adoptive family.

"I really didn't have anything too wrong in my life," Hines said. "However, when I was 16, I developed bipolar disorder through a chemical imbalance."

The chemical imbalance in Hines' brain that caused his mental illness sent him into a downward spiral. He experienced not only bipolar disorder but paranoia, depression, epilepsy and psychotic features. Medication and routines kept Hines in balance. However, leading up to his suicide attempt, Hines claimed he had abandoned his philosophy of healthy routines and it led to suicidal thoughts.

"I had not been taking my medication and not getting into a healthy routine," Hines said. "That day, I just felt like I needed to die."

After his suicide attempt, Hines began a long

road to recovery not only mentally but physically. Before he could deal with his mental issues, he had to endure physical therapy to repair his body from the jump. From there, he spent the next three years in and out of mental facilities.

"Mental illness is just like any other health issue," Hines says. "It's like a broken arm or cancer. It's not going to just go away by itself. You have to treat it."

According to Suicide.org, suicide is the second leading cause of death for students in college. The most common cause of suicide in these students is untreated depression. Furthermore, a study conducted by the American College Health Association surveyed over 90,000 students in 2006. The study found that 45 percent of these students felt they had experienced depression so severe that they were unable to function.

Beau Dooley, Assistant Health Services Director at the Northwest Wellness Center, encourages anyone feeling like they have a problem to come talk to one of the counselors provided.

"Our biggest goal is we want to encourage people to find help if they need it," Dooley said. "Even if they think they might not have a problem, they should still be willing to come talk."

Hines has since become a spokesperson for the National Mental Health Campaign, as well as other mental health groups. He has been the focus of many television programs including "Larry King Live," "Anderson Cooper 360" and was featured in a 2006 documentary called "The Bridge" about people who have committed suicide and attempted to commit suicide at the Golden Gate Bridge.

"I've learned that it's not ok to not get help," Hines said. "If I can help one student in that crowd when I'm speaking, that makes it all worth it."

Healthy routines are the key to success in dealing with mental illness, Hines said. He puts great emphasis on a number of healthy routines including a healthy diet, plenty of sleep, talk therapy, medication, exercise and reading and studying his disorder.

Hines planned on coming to Northwest to give his lecture, but an emergency health issue kept him from speaking on Monday. In his place, Colleen Coffey, who also has struggled with her own mental health issues, spoke to a full house at Charles Johnson Theater. Her message was the same as Hines'.

"Mental health issues are real for everyone," Coffey said. "Just remember you have great strength in just being willing to talk about these issues."

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THURSDAY
Sept. 25, 2008

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NW VOLLEYBALL

Big win ends home stand, ranked Pitt State lies ahead



photo by staff cook | chief photographer
MIDDLE HITTER AMBER Ryan spikes the ball into Missouri Southern territory Tuesday.

By Brian Bosiljevac
University Sports Editor

The Northwest volleyball team wrapped up its three-match home stand with a sweep of Missouri Southern on Tuesday.

"We were finally ready, really ready to go from the first serve," coach Anna Tool said. "I think it really showed. They were just strong in demeanor during warm-ups. They had a strong presence, and the players were just revved up. They wanted to have a chance to win."

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See VOLLEYBALL on B2

BRINGING HEAT



Young pitcher remains perfect through 13 games

By Dustin Sanders
Assistant Sports Editor

For a pitcher, most people don't think of her as a player. But Megan Walker, a senior at Northwest, is a pitcher and a player. She is a two-sport athlete, playing volleyball and softball. She is a member of the Northwest volleyball team and the Northwest softball team. She is a member of the Northwest volleyball team and the Northwest softball team.

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By Christopher Woodland
Community Sports Editor

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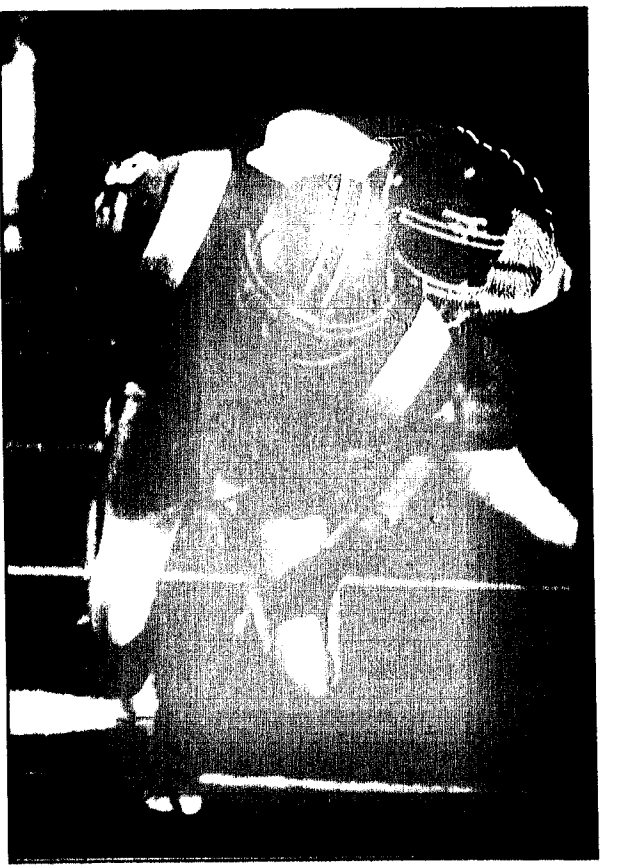


photo by marcus menden | sports editor
CORNERBACK ZEKE WINANS brings down a Smithville receiver Friday.

SOCCER

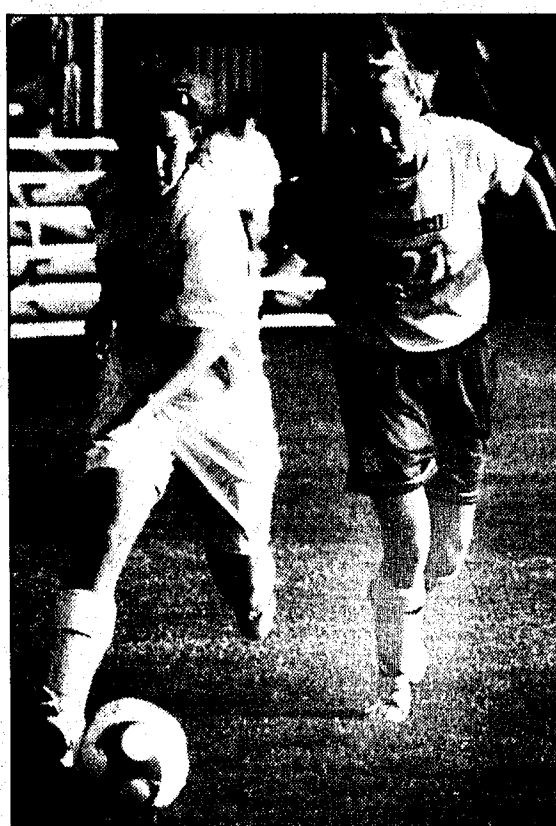


photo by sara meidinger / chief photographer

MIDFIELDER SARA MEIDINGER moves past a Missouri Southern defender. Meidinger helped the 'Cats defeat the Lions 1-0.

Tough loss leads to showdown with Mo West

By Christopher Woodland
Community Sports Editor

The Northwest soccer team's offense couldn't take advantage of a strong defensive performance, as they suffered their second loss of the season to Southwest Baptist Sunday.

Northwest (6-2) lost 1-0 despite having more shots on goal than Baptist. It was the first time the 'Cats have been shut out this season.

"They (Baptist) applied an awful lot of pressure," Northwest coach Tracy Hoza said. "We played very well though, and it was one of the best college games that I've seen."

Baptist (4-0) entered the game as the highest scoring team in the MIAA. They scored 20 goals in their previous three games.

Northwest held Baptist to five shots on goal, and the game's lone goal by Nicola Cousins came in the 32nd minute.

"We're one step away from winning games like that," Hoza said. "As far as playing aggressive and tough, they are doing a great job."

The 'Cats won a different 1-0 decision last Thursday against Missouri Southern.

Senior forward Amanda Deml scored her first goal of the year in the 1-0 defensive battle.

"I think me not scoring as much is a good thing," Deml said. "It means we have a lot more goal scorers on our team. It is great to be able to look to Holly (Ramaeker), (Andrea) Tritz or (Andrea) Freeman to score goals. We can spread the ball around more."

Also against Southern, junior goalkeeper Kira Lazenby tied the school record with her fourth shut-out of the season. With 12 games left, she has several opportunities to break the record.

"We have our individual goal practice every day that helps a lot,"

Lazenby said. "Spending one-on-one time with the other goalkeepers and coaches have all helped too because you have to understand the game before you can be good."

Lazenby allows just 0.59 goals per game, and has given up a total four on the year.

The 'Cats play a rematch against Missouri Western this afternoon.

Western enters the game 1-6-1. They have been outscored 16-6 for the season, and don't have a single player with multiple goals.

Northwest holds a 6-0-1 all-time record against the Griffons. The 'Cats defeated Western 3-1 earlier this season on the Griffons home field.

"You've got to expect they want to beat us on our home field," Hoza said. "They're going to come out aggressive and they're going to come out on fire. We've just got to match that intensity."

The 'Cats play at 4 p.m. today at Bearcat Pitch.

BEARCATS

SCORE BY QUARTER

(1-2)	0	0	0	0	0
(3-1)	7	28	7	7	49

TEAM STATISTICS

Northwest		Truman
568	Total yards	143
84	Total plays	53
212	Rushing yards	50
45	Rushing attempts	25
0-0	Fumbles-lost	1-1
356	Passing yards	93
39	Passing attempts	28
1-20	Sacks-yards lost	1-4
26-39-0	Comp.-Att.-Int.	13-28-0
2-56	Punts-yards	9-298
68	Off. yards per play	2.7
30	First Downs	7
8-84	Penalties-yards	8-71
0-0	Int.-yards	0-0
10 of 16	Third downs	3 of 11
2 of 3	Fourth Downs	1 of 2

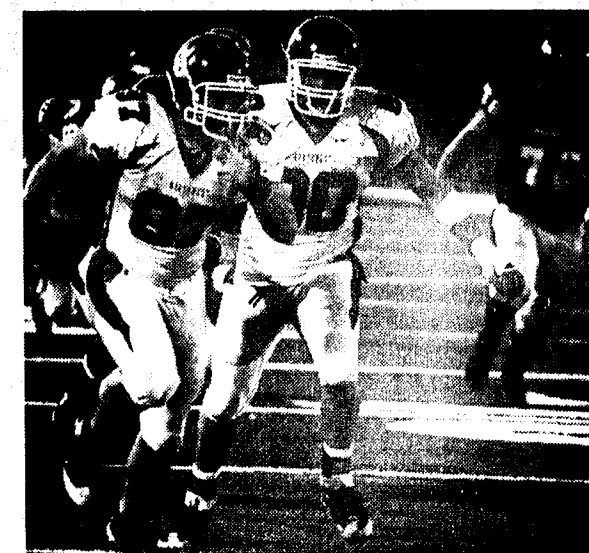


photo by dustin sander / assistant sports editor

DEFENSIVE END SEAN PODDACK got a rare opportunity to carry the football when he recovered this fumble against Truman. Poddack's fumble recovery and return prompted Northwest's scoring onslaught.

VOLLEYBALL: Improved hitting percentage gives women win over Missouri Southern

Freshman Alex Hanna's aggressiveness was key to the 'Cats third set victory, Tool said.

"I knew that we needed to win the third set to keep going to have a chance of winning and going to a game five," Hanna said. "It was really just the time to do it."

After going 2-1 while at home this past week, the 'Cats hope to build upon their new confidence as the team travels to take on its fourth nationally ranked team this year against No. 17 Pittsburg State.

"We need to improve on our block," Tool said. "We need to do a better job getting our feet to the ball. Then we can have our body all in line, so we don't get used as much. Southern (Missouri Southern) toiled us a few too many times."

Northwest takes on the Gorillas at 7 p.m., tomorrow, at Pitt. State.

"We're a closer team now," Haskins said. "We've played a few games together, we have been through rough times, on and off the court. We know everybody now and know how to lift each other up."

"We need to keep our confidence where it is. If they do get small runs we shouldn't let up. We have to go out with that mentality, one ball at a time, one play at a time."

CROSS COUNTRY

Woody/Greeneo gives team Division I test

By Taylor Flora
Missourian Reporter

The Woody/Greeneo Husker Invitational gave coach Scott Lorek's cross country team a look at some Division I opponents, and Lorek was happy with what he saw.

Lorek's men finished ninth out of 25 teams at the invitational. The field consisted of Division I teams like Nebraska. The Bearcats managed to beat a Division I team in Kansas State.

"Our goal is to be competitive every meet and be running the best we can and to our potential when conference comes around," junior Trevor Johnsen said.

Though the team's top runners didn't run well in Nebraska, others

stepped up, including freshman Zach Layton, Lorek said.

Layton was the top 'Cat runner and finished 34th out of 300 runners with a time of 26:39.6. Layton hopes he and the other eight freshmen on the roster can improve every day at practice and give the cross country program a bright future.

"Right now we're not firing on all cylinders," Lorek said. "When we put everything together we will be a good team and ready to compete at the top of our conference."

The women didn't fair as well as the men, but they finished 15 out of 26 teams (300 runners) at a very familiar but crowded course. They did so without two of their top runners, freshmen Angela Adams

and Brittany Poole.

"Angela and Brittany are both healing up from injuries, but once they are all healed, all they need is a little time and experience, and they'll be good runners for us," Lorek said.

Going into the Woody/Greeneo Husker Invitational, the team was fatigued after a long week of practice and bouts with illness, Lorek said.

"We run as a pack, it helps us to push each other at meets and in practice," junior Jane Bowness said.

The women's team is preparing to run a much faster course on Oct. 4 at the Cowboy Jamboree in Stillwater, Okla.

The men's next race will take place Saturday in Minneapolis.

SPOOFHOUNDS

VOLLEYBALL

Early troubles can't stop 2-0 take down

By Jason Lawrence
Missourian Reporter

The Spoofhound volleyball team improved its record to 13-2 after defeating the Chillicothe Lady Hornets 2-0.

Coach Lori Klaus said she was expecting a tight game, but truly expected to win.

"They have played some teams tight that we played close, so I knew they would be competition," Klaus said.

The 'Hounds trailed 9-6 in the first game of the match when Klaus called a timeout to settle her players down.

"We weren't communicating well, we weren't playing our game," Klaus said. "Volleyball is a game of momentum, and we needed to get it back on our side."

Following the timeout, the 'Hounds took control. They pulled away and went on to win game one 25-20.

"We really started passing better," senior middle blocker Kayla Carmichael said. "It helped us overcome our slow start."

The second game started the same way, and Klaus was forced to call another timeout with the 'Hounds trailing 9-5. Once again, the game shifted back in favor of Maryville. They tied the game at 14 and went on to a 25-22 victory, sealing the match.

"I'm really proud of how they were able to come out on top on a slow night," Klaus said. "In the locker room I told them that in years past we wouldn't have come out on top on a night like this and that I was proud of them."

Senior Samantha McGinness agrees with Klaus about volley-

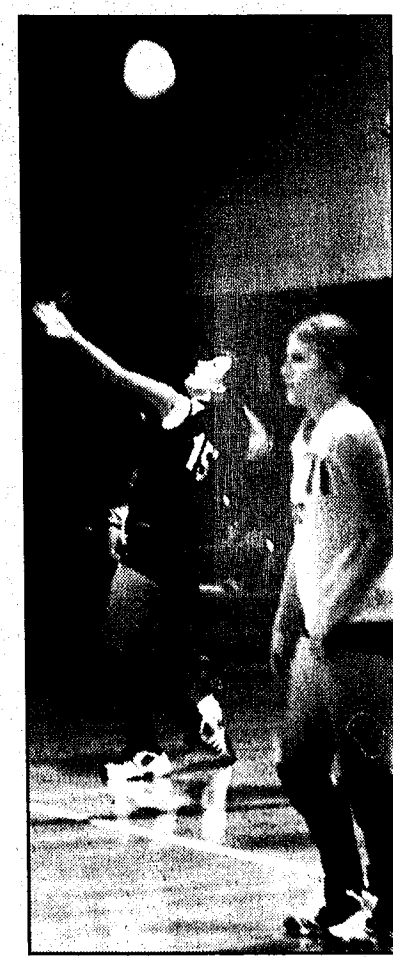


photo by ashley spalding / photography editor

OUTSIDE HITTER LIBBY HOWELL serves to Chillicothe during the 'Hounds' 2-0 victory Tuesday.

ball being a game of momentum and believes this game gives them something to build on next game.

"We're going to come out strong," McGinness said. "This game helped us build some momentum heading into our next game."

Their next match is at 7 p.m. tonight in Cameron. The 'Hounds look to improve on their 1-1 Midland Empire Conference record versus the Dragons.

SOFTBALL

Girls take down Hornets despite slow start offensively

By Dustin Sander
Assistant Sports Editor

After the Spoofhounds run ruled Bishop LeBlond on Tuesday, they heard news they are tied atop the conference.

The 'Hounds have lost only once this season, against Chillicothe, who was unbeaten until Tuesday night after losing to Smithville. Maryville is now tied with Chillicothe, each with one loss at the top of the Midland Empire Conference.

The 'Hounds bats started off a little bit slower than usual on Tuesday.

"It was a little bit of an adjust-

ment," coach Jacqui Conn said. "We saw a bit slower pitcher than we saw yesterday in Jefferson ... the hitters had to be little bit more disciplined and that is why we had some hits, but not as many hits as I'd like, as many solid contacts."

Even with the slower than normal bats, the 'Hounds found ways to put runs on the board.

"Everyone contributed, they're doing much better base running," Conn said. "I'm pleased with the base running."

In the bottom of the first inning, sophomore shortstop, Taylor Gadbois, reached base on a walk and stole second the next pitch. The next

batter, freshman Holly Whilmarth, laid down a sacrifice bunt to advance Gadbois to third. Gadbois then saw a chance to take home and scored on the play after rounding third hard and sliding safe into home.

"I always look for it, and if I think I can make it I just go," Gadbois said.

"If she gets on, she gets on pretty quickly because she is so fast," Conn said. "Just putting the ball in play, the defense knows if they even bobble it or don't make a throw just right she's going to be on base and once she's on base good luck getting her out ... She always puts us in a great position, so we

always have someone in scoring position."

On Monday night, the 'Hounds came from behind in the fifth inning to defeat Jefferson 4-1 and Conn didn't want a repeat of Monday against LeBlond.

"We wanted to score first, and we scored first," Conn said. "I was pleased with that. We always have a game plan, but it really just boils down to execution. You can have the whole plan in place, but if no one follows through ... It doesn't matter, we got runners on today and we moved them ... we executed well."

The 'Hounds take on Benton, at 5 p.m. today in St. Joseph.

SOCCER

Wind aids 4-2 victory over Chillicothe

By Jesse Murphy
Missourian Reporter

A very windy day in Donaldson-Westside Park meant good news for the Spoofhounds.

Soccer coach Stewart Collins hoped to use it to his advantage, so he decided to force Chillicothe to play into the wind for the first half.

"We wanted to basically wear them out," Collins said. "We typically play better into the wind, it keeps the ball at our feet. So in the second half we really picked it up."

The 'Hounds started the second half with a 1-0 lead, but the Hornets tied the game three minutes later.

It didn't take long for the Spoofhounds to score again; they got another goal on a penalty kick in the 18th minute, making it 3-1. Maryville scored again 10 minutes later.

Chillicothe attempted a rally with a goal and a few close shots towards the end of the game. The 'Hounds held on to win 4-2.

Senior Gate Hayes saw the team improve and progress.

"At the beginning of the game,

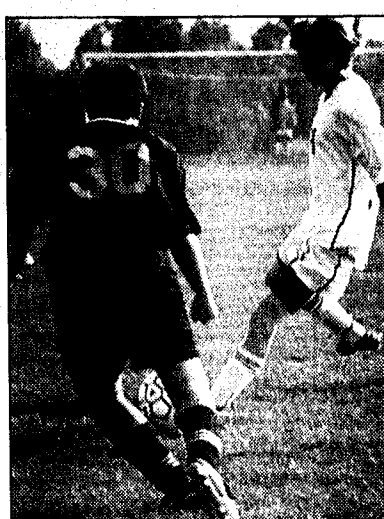


photo by kelsey dempsey / chief photographer

JON ROGERS PREPARES to pass against Cameron.

we were playing a little kick and run," Hayes said. "But we got into it and started making our passes. We work on teamwork and play game by game."

After this win and an 11-1 victory over Cameron Monday, the Spoofhounds improve their record to 5-5 on the season with 12 games remaining, not including districts. Their next game is 4 p.m. Thursday in Savannah.

GOLF

Savages give team tough test at home

By Marcus Meade
Sports Editor

The Maryville girl's golf team got a chance to test themselves against top competition when they faced Savannah Tuesday. Coach Brenda Ricks liked what she saw.

"I really looked for three or four in the 40s," Ricks said. "That didn't happen, but they were close. So, I'm very happy."

The Spoofhounds met Ricks' goal of a score under 200 with a 198 even though they lost to Savannah 181-198. Amy Van de Ven was the team's top scorer once again with a 44. Savannah's Kate Gallagher led all golfers with a 38.

Facing Gallagher, while difficult, makes golf fun for Van de Ven.

"I really love playing with Kate," Van de Ven said. "I really have a good time when I play with her. There's no pressure."

Part of the fun for the 'Hounds is moving quickly through the round. They completed their nine-hole round in just less than two and a half hours due mostly to good

play by both teams.

Complicating play were the howling winds of the Mazingo Lake Golf Course. Van de Ven and her fellow 'Hounds had to adjust their strategy to deal with it at times.

"On some holes you'd have to aim a little more one way," Van de Ven said. "On other holes when the wind is in your face, you'd have to change clubs."

Partnered with Van de Ven, Shannon McClellan took second among the 'Hounds with a 47 while Brooke Byland, Kim Hanna and Emily Wilmes shot 50, 57 and 60 respectively. Only the top four scores apply to the team score.

"Our main focus in the matches is chipping and putting," McClellan said. "You can drive it to the green, but if you can't putt, it's not going to lower your scores at all."

Though Ricks would rather have taken a win, she understands that facing the Savages is good preparation for district competition Oct. 8.

Maryville plays again at 6:30 a.m. today in Chillicothe.

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NORTHWEST & MARYVILLE HIGH ATHLETES OF THE WEEK

Adam Vondrak
Vondrak led the Bearcats in tackles during their 49-0 shutout of Truman State Saturday. For his efforts, Vondrak was named the MIAA Defensive Player of the Week. A sophomore linebacker from Sioux City, Iowa, Vondrak ranks second the team in tackles.

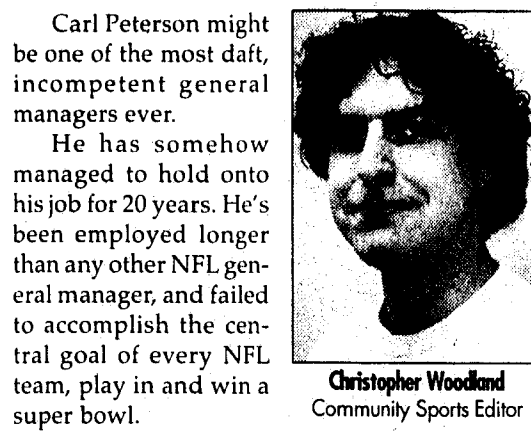
Kira Lazenby
The junior goalkeeper tied the Northwest single-season record for shutouts in a season. Her most recent shutout allowed the Bearcats to get their sixth win of the year in a 1-0 victory over Missouri Southern last Thursday. Her four shutouts are tied for most in the MIAA.

Joe Jasinski
Joe Jasinski led the Spoofhounds to a 42-14 victory over Smithville last week. He picked up the slack in the running game when John Farmer was forced to leave the game, rushing for 92 yards and three touchdowns. He also threw for 84 yards and a touchdown.

Megan Walker
Walker comes into this week with a perfect record earned run average. She's led the team to two victories this week against Jefferson and Chillicothe. A senior, Walker moved to Maryville before her junior season. Walker and the Spoofhounds take on Benton next.

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All hail King Carl ... or not



Christopher Woodard
Community Sports Editor

Carl Peterson might be one of the most difficult, incompetent general managers ever. He has somehow managed to hold onto his job for 20 years. He's been employed longer than any other NFL general manager, and failed to accomplish the central goal of every NFL team, play in and win a super bowl.

Peterson's tenure has produced three playoff wins. The Giants won four playoff games last year alone.

The most recent Chiefs playoff win was a 28-20 Joe Montana-led victory over Warren Moon and the Houston Oilers in a 1993 Divisional Playoff game.

Let's go over that again.

The last time the Chiefs won a playoff game was when Joe Montana was still playing, and it was against the Houston Oilers.

A guy who entered the NFL in the 1970s quarterbacked the Chiefs against a franchise that technically

doesn't even exist anymore for his last playoff win? Right.

That season was also the furthest the Chiefs have advanced in the playoffs in the Peterson Era. It ended in a 30-13 loss to the Buffalo Bills in the AFC Championship game.

A series of questionable decisions mar Peterson's reign of power. He released Rich Gannon in favor of Elvis Grbac. Gannon went on to a super bowl. Grbac didn't accomplish much.

He then hired Gunther Cunningham to replace Marty Schottenheimer. Gunther went 16-16 in his time with the Chiefs, which seems decent compared to Herm Edwards' standards.

King Carl now conducts a traveling three-ring circus at various stadiums across the country.

This past off-season, they sent their best player, defensive end

Jared Allen, up north to Minnesota. Loyal Chiefs fans attempted to display optimism by saying "Ya, but instead of one good player, we get to draft multiple good players to fill more holes in the roster."

Anyone who watched the Chiefs defense against the Raiders a couple weeks ago realizes their hopes were just wishful thinking.

At quarterback, they signed Tyler Thigpen who wasn't even good enough to make the Minnesota Vikings roster when the best the Vikings have to offer at quarterback is Tarvaris Jackson.

Everyone should have known his first start against the Falcons was doomed from the beginning.

Thigpen made a comment to the St. Joseph News Press about how he knows the Falcons are going to bring a lot of pressure and defensive looks at him. He then said they just need to go on with their game-plan, and get the ball out of his hands and into his teammates.

He's the freaking quarterback! He handles the ball every single play of the game! When he doesn't

even want the ball in his hands you have problems.

Of course the other option is to bring in Marques Hagans and use him to run the option, which they did against the Raiders.

I'm sure Nebraska fans got a warm fuzzy feeling from seeing a team with red jerseys and white pants run the option, but this is the NFL.

Hagan's not even technically a quarterback. He was cut from the Rams' roster as a wide receiver.

They might as well call up Len Dawson to see if they can coax the 73-year-old out of his rocker to get the Chiefs back to the promise-land.

They might create more fan appreciation if they bring in an elephant to do tricks on the sidelines while the three blind mice combination of Croyle, Huard and Thigpen running around bumping into objects and throwing interceptions.

Good news for Chiefs fans though, this is the last year you will have to suffer King Carl. His contract is up after this season.

SPORTS STAFF GAME PICKS

Marc's picks
Prediction record (6-9)
NCAA Lock
Michigan St. at Indiana — Mich. Unless the Hoosiers can channel the competitive fire of Bob Knight, Trent Green or Jimmy Chitwood, the Spartans are going to spank them. Jaron Ringer knows how to run the football, and even though Brian Hoyer isn't off to a great start, he should do just enough to take down Indiana.

NCAA Upset
Tenn. at Auburn — Tenn. I hate Phil Fulmer, but for some reason I keep picking him to win. Auburn's offense is sketchy at best. They gave LSU a close game, but I'm counting on a hangover and a miracle. It's sad when this is the only shot I have to score on an upset — I'm counting on Phil Fulmer. I'm immediately regretting this decision.

NFL Lock
Minnesota at Tennessee — Tenn. Sorry Dustin, but you're wrong. Minnesota made a good decision starting Gus Frerotte, but in the battle of steady old backups, Kerry Collins will win out. Collins can flat out wing the pig, and that Titans defense is the best in the league right now.

NFL Upset
Cleveland at Cincinnati — Cleveland I picked last this week, and there is nothing left for upsets. On the bright side, I've been completely wrong all season, so maybe doing the exact opposite of my instincts will grab me some wins. Derek Anderson is starting to look like the Derek Anderson of old — terrible, but maybe Brady Quinn will get some playing time. Maybe the Browns can look like the 10-6 team they were last year, instead of the 6-10 team they look like now, but probably not.

Brian "The Bulldog's" picks
Prediction record (9-7)
NCAA Lock
V.T. at Nebraska — Nebraska Well my heart started pounding when I saw the line on this game. I guess it is finally time we see if my Huskers are on their way back to the days of old. Virginia Tech has looked horrible so far this year, but this is definitely the Huskers biggest challenge this year. Good luck Bo Pelini.

NCAA Upset
Nevada at UNLV — Nevada This was a really tough pick for me, both of these teams have faced really solid teams this year. Nevada is 1-2 with losses to two of the Big 12's toughest in Texas Tech and Missouri. UNLV is 3-1 with big wins over Utah and ASU but after two straight weeks of OT victories one of them over Iowa State, I think the Rebels' luck runs out this week in this in-state match up.

NFL Lock
Cincinnati at Cleveland — Natty Well, it is battle of the hopeless this week, both teams enter the game at 0-3. The Bengals actually looked like a football team last week. Palmer finally got it together and threw for 286 yards, hopefully Houshmandzadeh and Ocho-Cinco can get open for him this week. Plus, Palmer always fares well for me in Madden '09, so I owe him this pick.

NFL Upset
San Fran at New Orleans — S.F. I am going with Woody's team this week. New Orleans is definitely the better team, but the 49ers have been hot lately. JT O'Sullivan was 16 for 23 last week and threw for 189 yards and Frank Gore looks like a train coming out of the backfield.

Woody's picks
Prediction record (8-8)
NCAA Lock
Tennessee at Auburn — Auburn The Vols are wanting to bounce back after getting whipped by the Gators. Expect Auburn to have some hangover effects after the close loss to LSU. Auburn's punishing defense should shut down the Vols though, who haven't had a good offense in years. Auburn's offense finally showed signs of life against LSU, and expect them to get it going in the second half and win by at least 10.

NCAA Upset
Alabama at Georgia — Bama Nick Saban's freshmen are playing well. I was critical of playing that many young guys so early in the season, but after they demolished Clemson and Arkansas, I'm a believer. Roll 'Tide Roll.

NFL Lock
San Diego at Oakland — S.D. The Chargers could easily be 3-0, if not for an unlikely pass by Jake Delhomme and a blown call by a referee (that one worked out well for me, I had the Broncos picked to win that game). Phillip Rivers is quickly moving up on the NFL's list of top quarterbacks. Their defense has looked a little shaky, but I assume they are at least good enough to hold an offense in check that has absolutely no passing game at all.

NFL Upset
Atlanta at Carolina — Falcons These two teams' records make them look a lot better than they are. Both are 2-1, but could easily be 1-2. Carolina won a game they should have lost in San Diego. This game won't be very good, but the Falcons' running game should give them the edge as long as Matt Ryan doesn't hurt the Falcons too much.

Dustin's picks
Prediction record (9-7)
NCAA Lock
Nevada Reno at UNLV — UNLV I think the Runnin' Rebels will roll over Nevada Reno this week. UNLV upset number 15 at the time Arizona State and are 3-1 for the season with their lone loss coming from surprise top 25 team Utah. Nevada suffered losses to Miz-zou and Texas Tech, both ranked teams, but both losses were blow outs. I'm just going with the odds. UNLV was successful in their top 25 matchup.

NCAA Upset
Colorado at FSU — Colorado The Big 12 in my opinion is the toughest conference in the nation, stacked full of quarterbacks including sophomores Cody Hawkins of Colorado. Plus, I just want the Big 12 to look as good as it can before the conference play begins. People say Florida State is on the rise or whatever, but I'm saying maybe next year to all the Seminole fans.

NFL Lock
49ers at Saints — Saints O'Sullivan and the 49ers have surprised everyone this season being 2-1 and the Saints are under-achieving again this season at 1-2. Last week the Saints did lose to the Broncos, but they showed some signs of improvement. I'll pick Drew Brees and the Saints over the lucky 49ers.

NFL Upset
Minnesota at Tennessee — Minn With Gus Frerotte under center for the Vikes, they are 1-0 and the offense is now clicking on all cylinders or at least close to it. Sure, 35-year old Kerry Collins just threw for his 35,000th yard, but I'm not sure I'm sold on Collins just yet. He did look great against the Texans but then again, it was the Texans.

WHAT TO WATCH

Marc's TV picks
Friday
•National Lampoon's Christmas Vacation, HBO, 2:30 p.m. — A classic, I don't care what time of year it is. If you don't laugh at this movie, there's a 99 percent chance you're a Communist.

Days rating (3 of 5)

Saturday
•Northwest at Nebraska-Omaha, LIVE, 1:30 p.m. — Make the trip sissies. UNO provides a great atmosphere to watch two powerhouse teams go at it.

Days rating (5 of 5)

Sunday
•Denver at Kansas City, CBS, noon — Ten years ago this would have been a great game. Now, it should be fun to watch the Chiefs make a mockery of a sport called football.

Days rating (4 of 5)

Brian's TV picks
Friday
•The Longest Yard, TBS, 8 p.m. — Adam Sandler teams up with an all-star cast to create a perfect combination of sports and comedy.

Days rating (4 of 5)

Saturday
•Virginia Tech at Nebraska, ABC, 7 p.m. — Nebraska made prime time TV, that has to be a good sign. The 2-1 Hokies pose Nebraska's biggest challenge this year, I'm a little nervous. But hey, GO BIG RED! I know you Missourians hate that one.

Days rating (5 of 5)

Sunday
•Cubs at Brewers, WGN, 1 p.m. — Man, Nebraska faces its first real opponent on Sat., my Mets have four games left to either catch Philly or outlast Milwaukee. I see a very nerve racking weekend for me.

Days rating (5 of 5)

Woody's TV picks
Friday
•UConn vs. Louisville ESPN, 7 p.m. — This is the only thing worth watching Friday night.

Days rating (2 of 5)

Saturday
•Mississippi State at LSU, ESPN2, 6:45 p.m. — LSU is coming off a huge hard-fought win over Auburn and might not play up to its potential against Sylvester Croom's Bulldogs.

Days rating (3 of 5)

Sunday
•True Lies, TNT, 4 p.m. — Arnold Schwarzenegger hangs from a "chopper" and yells to Jamie Lee Curtis, "The bridge is out!" The Governor plays a secret agent married to Curtis trying to snuff out a terrorist attack.

Days rating (3 of 5)

Dustin's TV picks
Friday
•Cubs at Brewers, ESPN, 7 p.m. — It's the second to last day of the regular season and the Brew Crew needs to win every game it can to try and beat out the Mets for the N.L. Wild Card.

Days ratings (4 of 5)

Saturday
•Alabama at Georgia, ESPN, 6:30 p.m. — This will be the best college football game of the year, at least until the Big 12 Championship game.

Days rating (4 of 5)

Sunday
•Any Given Sunday, ESPN Classic, 7 p.m. — This is probably one of my favorite football movies or just sports movie in general, plus it will be presented commercial free.

Days rating (3 of 5)

AT YOUR LEISURE

Top 3 picks

By Marshall Carlson
Missourian Reporter

New to DVD this week - "Iron Man," the superhero film based on the Marvel comic book series, hits shelves Tuesday. The flick is about engineering prodigy Tony Stark (Robert Downey, Jr. "Tropic Thunder") who constructs an armored suit in order to escape from certain death. Assisted by Pepper Potts (Gwyneth Paltrow, "Bounce"), Stark ultimately decides to recreate this new idea to fight evil.

With time, he realizes the weapon company he heads, along with his father's right-hand man Obadiah Stone (Jeff Bridges) faces some serious problems as well.

New to CD this week - Also released next Tuesday, "Best of Red Hot Chili Peppers." A definite must-have for any funk-loving music fan, the album includes covers of Stevie Wonder's "Higher Ground," and Sly and the Family Stone's "If You Want Me To Stay." It is a colorful mix of tributes and original music.

This album contains songs dating back to their debut album released in 1983, and is packed full of the roots of their sound. As lead singer and front man Anthony Keidis put it, "the kinetic, stabbing, angular, shocking assault force of sound and energy."

New season on TV - Tonight, the comedy, "The Office," the TV show introduced in 2005, is back for its fifth season. "The Office" consists of the egotistical branch manager of a paper company, Michael Scott (Steve Carrell), and various other characters, like Jim Halpert (Jim Krasinski) and Dwight Schrute (Rainn Wilson), that are followed throughout the day, revealing all of their practical jokes on one another.

STROLLER

Your Man has to "ketchup"

I'd like to start off this week's tirade with a little quiz for my legions of loyal readers. There's only one question, but no right or wrong answer. Ready?

How do you get your ketchup? I'll give you a few moments to form your answer...

All right, what did you come up with? From a bottle? Good. Packets? Better. Dispenser? Excellent.

Punch bowl? Hell freakin' yeah!

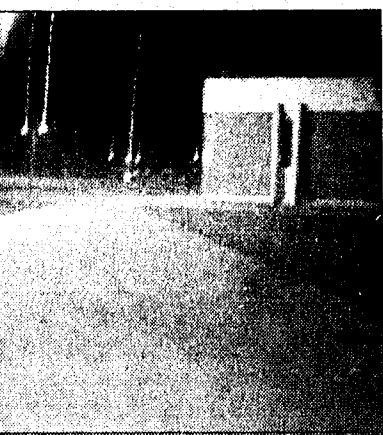
If you've eaten in the Bearcat Food Court in the past month, you know where I'm coming from on that last one. Campus Dining, it seems, took a giant step forward on the much-debated, ever-controversial condiment distribution issue. And these folks, in their wisdom, decided to remove from the premises those pesky push-down dispensers and place everyone's favorite tantalizing tomato treat in a large, black punch bowl, complete with a ladle.

I'll never forget the first time I saw this set-up. All the other condiments - mustard, barbecue sauce, etc. - are lined up under a shield like most other, normal condiment counters in society. Then, to the left, you have this open-air bowl filled to the brim with ketchup, the ladle hanging out on the side. It's com-

pletely unprotected from the elements, and believe me, in that cafeteria, there are some elements. A few sneezes and coughs here and there, and all of a sudden there's a little more than just ketchup festering in that bowl.

How white trash, if I may be so bold, does Aramark think we are? I mean, I can't help but hum "Dueling Banjos" to myself every time I pass by this thing. My entire thought process on ketchup has been eroded; I don't know whether to pour it on my fries or into my cup. On some occasions it's very hard to fight the urge to dress in a wife-beater, plant myself next to this thing, turn on my best Southern accent and shout "COME ON DOWN 'N GIT YER FRENCH FRIED 'TATER SAUCE 'FORE THEM THERE YANKS DO!"

Or maybe the dining staff is trying to promote a "party" environment. You know, maybe this punch bowl is the place to be to pick up chicks. Perhaps one day I'll mosey



The Stroller

on over to the Catsup Club, pour in some Grey Goose and drop some mad pick-up lines on the ladies. Before you know it, Heinz will have 69 varieties. Yeah, I went there.

Whatever the reason is behind their decision, I discourage you from giving the ketchup punch bowl your business. It's common sense, people; the thing is unsanitary, unsightly and well, just plain nasty.

Of course, I guess someone else's "common sense" got us this culinary wonder of the world in the first place. Go figure.

The Stroller has been a tradition since 1918 and does not reflect the views of The Northwest Missourian.

Crossword



ACROSS
1 R-V hookup
2 Takes away
11 Comic Brooks
14 Hand holiday
15 Meats' strange output
16 Before, before
17 Knack
18 Adam of 'Little Nippy'
19 Narc's 'grip'
20 Savage or Cousins
22 International multi-sport event
24 Orant
28 Sausage
29 Shields of 'The Blue Lagoon'
31 Oddball
32 Capital of Chile
35 Help out
38 A. Godfrey's instrument
39 Less common
42 Voice of Mr. Magoo
45 Position of glory
46 Family folk
49 Outness
50 Highland breed
53 Comes to rest
57 Shower
61 Intervention
62 Upstanding
63 Tenant's contract
64 Red ink
65 In addition
66 Actress Ruby
67 Environmental concern
68 Clean air 'grip'
69 First of September?
70 Form VUP
71 Harden
72 Plunging and we, e.g.
73 Wake up
74 Anatomical touch
77 Attempt
80 Grounded birds
83 Baking box
84 Makes one

DOWN
1 Crozier
2 Firm
3 Out-and-out
4 Back-mouth
5 Notable period
6 Put on
7 Loosen, as a knot
8 Deuce toppers
9 Sunday takes
10 Intervention
11 Upstanding
12 Tenant's contract
13 Red ink
14 In addition
15 Actress Ruby
16 Environmental concern
17 Clean air 'grip'
18 First of September?
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Group's new album adds major label backing to music fans love

By Hudson Kenna
Missourian Reporter

After tucking four full-length records under their belts, Anberlin comes back armed with the same fist-full of infectious harmonies fans are used to and a major record label to back it.

Anberlin left long-term record label Tooth and Nail Records this year to sign on with Universal Republic, joining the likes of 3 Doors Down and Jack Johnson.

Formed in 2002 the group has

consistently pushed forward in a dying industry. Over their six-year stint in the music scene, they have managed to sell more than 400,000 albums, with much credit due to their 2007 release of "Cities." No sleep for the weary though, Anberlin are on track to release their fifth full-length album and debut record on Universal Republic later this month entitled, "New Surrender."

The album kicks off with the hard-hitting anthem, "The Resistance," proving despite the new label, they still know how to rock. "Speak for

yourself; you paper tigers," vocalist Stephen Christian taunts, this song seeks to inspire listeners to confront the world, forcing them to listen to whatever needs to be said. The album then segues into the catchy, "Breaking," a song claiming, "You make breaking hearts look so easy," one of their lighter works. Further down the tracklist, you will find the reworked version of "Feel Good Drag," a song previously released on their 2005 album, "Never Take Friendship Personal."

One of the more lyrically serious

songs, "Soft Skeletons," tells the story of a girl trapped within the social tragedies of human trafficking, a topic Christian is passionate about.

As with previous Anberlin records, "New Surrender" comes to a close with "Misericable Visu (ex malo bonum)," a six-and-a-half minute song that constantly builds until its crescendo speaking of time when humanity is forced to face the truth or run from it all together, either leaving you very satisfied or ready for round two with the album.

Anberlin continues to bring new

hope and inspiration to the industry as they lead their loyal following out of the underground and into the mainstream music scene while impressing those who underestimate. If ever there were a time for a band to lose its passion and give in to the endless list of mediocrity that plagues radio airwaves and Billboard Charts today, this would have been it for Anberlin.

Anberlin is currently headlining a tour with Scary Kids Scaring Kids, Straylight Run, and There for Tomorrow. Catch them in Kansas City on Oct. 20 at the Beaumont Club.

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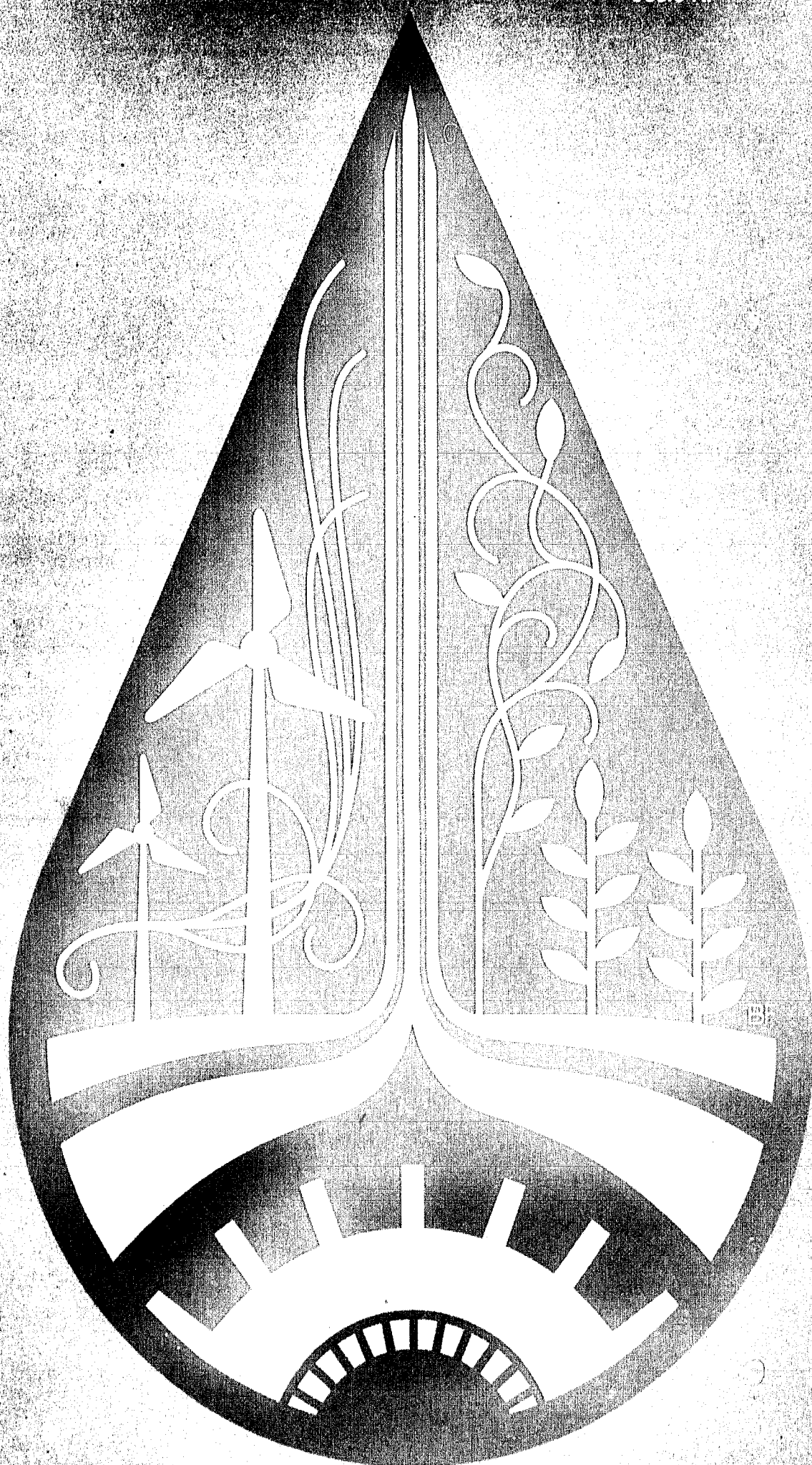
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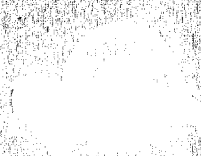
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